



World Health Champion

Instructions & rules

This game tests general knowledge of Public and International Health. Some questions are basic to content of Master Courses in Public or International Health; others are more 'trivial' and require quite specific knowledge. The objective is also to *create discussions* amongst the students on the topics in the game. World Health Champion is a board game in which giving the right answers brings you closer to victory. The question cards are organized into themes:

HPM	Health planning and management	Yellow
DOH	Determinants of health	Green
HP	Health problems/disease management	Orange
BRM	Basic research methods	Brown
SRH	Sexual and reproductive health	Pink
PHH	Public health history	Blue

Utensils

The game includes a board, six playing pieces, question cards with answers and plastic wedges in six colours. During the game, players move their playing pieces around a track with six crossroads. The rectangular track is divided into spaces of different colours. On the 'crossroads' there is a sign with a medical logo, one for each colour (figure 1). These spaces are called 'research centres'. The centre of the board has a picture illustrating a winner lifting a trophy. This is where the playing pieces start and end the game.



figure 1: A research centre for public health history (blue)

Playing the game

The group members decide amongst themselves who starts the game by throwing a dice. He/she can take as many steps with his/her playing piece as the number on the dice. When a player lands his/her playing piece on a square, the player next to him/her reads a question according to the colour of the square, which corresponds to one of the six question categories. If the player answers this question correctly his/her turn continues; If a player lands on a white space he/she can roll the dice again without answering a question. There is an element of choice, since the player can decide in which direction to move and this way he/she can try to land on his/her 'Favourite' colour. Any number of playing pieces may occupy the same space at the same time.

The player should try to land on one of the 'research centres.' If the player answers a question correctly on one of the research centres, he/she wins/collects a plastic wedge of the same colour. The small, plastic wedge which fits into their playing pieces can be placed in front of the player to signify that a question from a certain category has been correctly answered.

Once a player has collected one plastic wedge of each colour, they make their way toward the centre of the board with the picture illustrating a winner lifting a trophy and answer a question in a question category by choice. If this question is answered

correctly then that player has won the game. Otherwise the player throws the dice again to decide how many steps from the centre he/she will move. From that spots he/she lands he/she starts again advancing towards the centre.

Questions are written on cards in the colour of their category. There is one question on each card. The answers to the questions are on the same side of the card. Some questions ask for a specific number or a specific date. If no margin is indicated, the group can decide whether they think the answer is close enough.

Number of players and playing time

There can be six players per game, or six teams. To play the full game can take >2 hrs depending on the level of the players and the discussions. An alternative is to set a fixed time: p.e. 1 hr and to look at the end of the game who has won most plastic wedges. This player is the winner. Another quicker version of the game is that the players receive a plastic wedge for each correct question not only for those questions that are answered correctly on the research centre. The players can still only win one plastic wedge of each colour. This is particularly suitable for students in the early phases of their training, or if time is limited.

(World Health Champion Game, Instructions & rules. KIT Development Policy & Practice, version December 2010)