



Lucie Blok Scholarship

One individual can make a change

Your support for one student means better health for thousands!

How can you ensure a healthy population if basic health care is under constant pressure in many countries? Health care worldwide has improved considerably over the past decades. Nevertheless, more than 30% of the world's population lacks proper access to quality healthcare, especially in fragile countries. And the Covid-19 pandemic had a devastating effect on healthcare systems especially in low(er)-income countries. Every day people die from diseases that can be prevented or easily treated like diarrhoea and malaria.

By training health professionals from low-income countries to become leaders in health, we enable them to make a difference in their own countries. Local professionals know which approach will work best and how to improve health systems so more children get vaccinated or receive the right treatment in case of illness. This is particularly important for the most vulnerable groups and in emergency situations.

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The Lucie Blok Scholarship is a named fund of the KIT Scholarship Fund, established by KIT (Royal Tropical Institute). In name of the late Lucie Blok the scholarship fund supports health professionals from fragile countries to study a master's in Public or International Health at KIT. For over fifty years, KIT has trained doctors, nurses and other health professionals around the world to become leaders and experts in international healthcare. Through this Master's programme students make a substantial contribution to improving healthcare in their own country.

Lucie Blok knew the impact of teaching and education, and how building a network of skilled professionals empowers more people. One individual can make a significant change! Please donate to the Lucie Blok Scholarship, in her honor.



"As a pediatrician, I worked for Doctors without Borders in Afghanistan, South Sudan, Nigeria and Yemen. In war zones with little access to health care, in refugee camps and remote villages where lead poisoning was a huge problem for children.

I was a manager of a hospital for almost two years. In this role, I had much more influence on healthcare. Not just for children, but for the entire population. I am currently studying at KIT to increase my knowledge so I can contribute even more."

Anna Kathrina de Jesus from the Philippines, student Master in Public Health at KIT

KIT alumni improve healthcare at all levels. They work in local and international organisations in the fight against epidemics such as Covid-19, Ebola, malaria, HIV/Aids and the improvement of maternal health and child care, with specific attention to prevention and strengthening of health systems. They pass on their knowledge to other health workers. They work at all levels, eg. at ministries as policy makers and managers or at the WHO. The education of one master student makes a difference to the health of thousands of people.

We need your help

However, studying is often too expensive for a doctor from Yemen or a nurse from Myanmar. Most students depend on scholarships. Due to the decrease in the number of available scholarships, fewer and fewer people are granted the opportunity. Each year, hundreds of health professionals apply to study for a master's programme at KIT. Yet only 15% of them manages to finance their studies through scholarships, support from employers, loans or other means. Your support is needed more than ever.

Therefore, we invite you to support the Lucie Blok Scholarship to help a health professional from a fragile country to become a future leader in health. This student can improve the health care system for thousands. Together we can enable people to have a dignified and healthy life.



"In the refugee camps in Northeast Nigeria are a lot of children and adolescents who lost their parents and are all by themselves. I want to help them to make impact, by going to school and stay healthy."

Susan Fidelis, nurse from Nigeria, student Master in Health at KIT

KIT Master's in Public and International Health

The Master's programmes train health professionals from around the world to become future leaders capable of strengthening healthcare in their communities, regions and even worldwide. During their studies, attention is paid to social aspects of health, combating infectious and non-infectious diseases, strengthening health systems, policy and financing, reproductive health and much more. There is a lot of emphasis on prevention.

KIT's courses are known for their practical applicability, multidisciplinary approach and their interactive and participatory training methods. The KIT courses focus on everyday work situations: students discuss and solve problems derived from real work situations.

After their studies, students can research and understand specific health problems, involve social aspects in health care, take initiatives and advocate for the people who need it most.

The students are health professionals with at least two to three years of relevant work experience. They are doctors, nurses and midwives, work in other (para)medical professions or have a background in healthcare management or social sciences. People come from all over the world with diverse cultural and religious backgrounds. This diversity promotes the exchange of knowledge and experience from different countries and cultures. This exchange continues after graduation, through KIT's alumni programme.



"I want to educate girls in rural areas in Sudan about their menstruation and reproductive health. This is very important, because of the stigma they either receive no information or false information."

Marwa Tageldin, doctor from Sudan, student Master in Health at KIT

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“I work with Ethiopian organizations on the health of mothers and children in refugee camps. The refugees come from different countries, have different cultures and beliefs. This requires a specific approach to health problems. Thanks to my studies at KIT, I see this, and I am very grateful for that. This approach has produced incredible results.”

Azeb Abtew from Ethiopia, BA, Master of Public Health at KIT. Works as deputy national health programme coordinator for International Rescue Committee (IRC) Ethiopia

Costs scholarships

The costs for a full scholarship are specified below (academic year 2023-2024):

	Amount per student
Tuition fee master's programme*	€ 19.180
Visa/resident permit	€ 192
Insurance	€ 690
Travel costs (estimate)	€ 1.600
Living expenses (estimate) € 575 per month	€ 6.900
Rental accommodation (estimate) € 750 per month	€ 9.000
Reserve contribution 10%	€ 3.756
Total costs of a full scholarship	€ 41.318

* Tuition fees at KIT Royal Tropical Institute are the same for EU and non-EU citizens. KIT does not receive a subsidy from the Dutch government which means that the tuition fees cover actual costs. These are in line with similar master's programmes in the United Kingdom and the Netherlands.



“I would like to improve health care for the most vulnerable groups in Yemen. This is necessary: more than 80% of the people in my country are in humanitarian need.

The health system lacks everything: professionals and medical equipment, for example. And basic resources such as latrines and safe water.”

Aisha Abbad from Yemen, Master in Health at KIT



KIT Scholarship students 2022-2023

Interested to hear from the students themselves? Watch this video:

[Short video KIT Scholarship Fund](#)
[Long video KIT Scholarship Fund](#)

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