



KIT Royal
Tropical
Institute

Health Courses Programme 2024



- Master's Programmes in Public & International Health
- Short Courses
- E-learning Courses
- Cours en français

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1

Studying at KIT



Studying at KIT

Education for Impact

In recent years, the COVID-19 pandemic has made us acutely aware that we are all connected, and strong health systems are of utmost importance. The risk of new pandemics, the effects of climate change, and economic uncertainty are adding to the changing health landscape and bringing new health challenges.

With a multidisciplinary team of researchers, educators and advisors, KIT has over fifty years of experience training professionals in global health, who have lasting impacts on health service delivery in their home countries.

Our training programmes respond to current global health developments and are known for their practical application, multidisciplinary approach and interactive participatory training methods. The KIT campus is home to a vibrant international community, that is working, teaching and sharing knowledge about different public and global health issues.

By bringing together people from different countries and regions, KIT's international courses create a forum for linking and exchanging experiences among a broad range of health professionals and development practitioners, both during the courses and afterwards through our alumni network. At KIT, we seek to improve global health by empowering tomorrow's global health leaders with the skills and knowledge needed to address new and existing health challenges and to have a life-long impact.



Teaching and Learning Methods

We use a wide variety of teaching and learning approaches to ensure an optimal learning experience. The content of KIT course programmes are practice-based and oriented to the working situation of participants. We emphasise the practical application of the course content.

As a participant, you will be asked to discuss and solve problems which are derived from real working situations, either from your own or those from the facilitators. Our approach is aimed at improving your skills to implement and evaluate different approaches to solve health problems. Our interactive learning approaches include lectures, discussions, group work, debates, case studies, exercises, role plays, self-study, self-reflection, written assignments, simulations and serious games; many of these virtually as well as face-to-face.

Our Facilitators

Course facilitators are leading professionals in the field of public and international health and with this experience they enrich the learning of participants and put theory into perspective of the latest developments. Our facilitators work for international non-governmental organisations (NGOs) as well as UN agencies such as the World Health Organisation. KIT staff members bring back the latest experience, based on KIT's involvement in ongoing projects across the globe. KIT also collaborates with highly ranked Dutch universities.

Students and Alumni

Health professionals from all over the world attend courses at KIT. Some courses have as many as twenty nationalities. Students come from a range of disciplinary backgrounds. Typical profiles are doctors, nurses or health managers working in hospitals, ministries of health, non-governmental organisations (NGOs) and other organisations.

What they all have in common is their engagement in, and commitment towards, improving health.

The KIT Alumni Network is a dynamic community with a global presence; for most, the time at KIT results in lifelong friendships and professional contacts across the world.

Accreditation

KIT's Master's programmes are organised by KIT Royal Tropical Institute and VU Vrije Universiteit Amsterdam. The Master's programmes are accredited under VU by the Netherlands-Flemish Accreditation Organisation (NVAO www.nvao.com). VU ranks highly in the Academic Ranking of World Universities. KIT Master's students obtain a VU degree upon graduation.

Our short courses are all accredited by tropEd, an international network of institutions for higher education in international health.

KIT Virtual Grounds

In our courses we make use of KIT Virtual grounds, our interactive, online learning platform. KIT's e-learning courses are also offered through KIT Virtual grounds and other online platforms. For classroom-based courses, course materials are offered digitally through this platform and it is used as well for peer review and other interactive methods.

Online Learning

Online courses are taught through a combination of live presentations using virtual platforms, virtual classroom discussions, group work, and self-paced activities to be done at home. Interaction is very much part of KIT's teaching method, so we also ensure a high degree of participation in our e-learning courses.

Studying at KIT

Where Our students Come From



Participants from
over **95** countries

Over **3,800** health
professionals trained at KIT



90 Master's students
every year

What Alumni Say About Us

“ Studying at KIT has been one of the best things in my life. KIT offers not only academic knowledge, it adequately prepares you for success in life, from knowledge to a professional attitude in any environment. Had it not been for the skills I gained at KIT, I wouldn't have been able to work in remote and rural areas on supplementary immunisation activities and surveillance, and to maximise limited resources to achieve the goal of controlling the transmission of preventable diseases. Networking with colleagues in different parts of the world is an added advantage to gaining skills. The continuous connection with professional colleagues and the encouragement of professors and study colleagues during difficult study times create a family environment. KIT has upgraded my personal and professional life!”



Topian Zikeh from Liberia

SIA Surveillance Consultant, World Health Organisation (WHO)

“ As a Returned Peace Corps Volunteer from the US, I was looking for an MPH programme that allowed me to learn from the experts in the field: those who actually originate and work in the local contexts most in need of development help. KIT was the perfect fit for me. While the KIT professors are experts in the various domains of public health, to me, the true beacons of knowledge in the MPH programme were my fellow students. I learned so much from them; how their countries worked, rural versus urban challenges, corrupt realities, cultural and social views, and so much more. Not only did I get to constantly learn about my colleagues' experiences, realities, and what shaped their views, I also got to learn a lot about their culture by simply working with them in groups. Thanks to this programme I've learned countless skills that contribute to my current job on a daily basis.”



Lorena Gonzalez, US, Peru, MPH

Development Manager for the Young Center for Immigrant Children's Rights

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Master's Programmes



Master's Programmes

NEW: Master of Science in Public Health and Health Equity

The Master of Public Health and Health Equity (MPH-HE) is a mid-career Master of Science programme, organised by KIT Royal Tropical Institute and the Vrije Universiteit Amsterdam (VU). It is meant for professionals working in health service delivery or health management, in national health systems or international organisations.

The MPH-HE has five tracks. Four tracks are offered only as full-time, 12-month programmes. These four tracks include three specialisation tracks with predefined modules (Epidemiology, Health Systems and Policy, and Sexual and Reproductive Health and Rights), and one tailor-made track.

A fifth track, the specialisation on Selected Challenges and Solutions in Public Health, is offered part-time (1-5 years) and allows students to follow modules both at KIT and at member institutions of the tropEd network.

Public Health and Health Equity in a Changing Environment

Health systems in low- and middle-income countries face a wide range of complex challenges. These include, among others, the inequalities in health and healthcare; the double burden of communicable and non-communicable diseases; the unfolding demographic transition; and the health needs in fragile and conflict-affected settings. These challenges disproportionately affect disadvantaged populations worldwide, particularly in low- and middle-income countries.

Addressing these issues requires well-trained professionals, capable of solving complex public health problems systematically, in either a public or private sector organisation responsible for public health. To this end, the MPH-HE programme specifically focusses on health equity in low-resource settings and in high-resource settings with disadvantaged populations, using a gender and inclusive approach.

Programme Objectives

The MPH-HE is designed to enable mid-career professionals, working at any level (subnational, national, international, global) within the health system, to use an integrated, multi-disciplinary approach to address public health issues. In all programme components, participants are encouraged to interact with participants from other backgrounds and countries, who may face similar issues but with alternative solutions.

After the master's programme, you will be able to:

- Critically examine current and emerging health issues, analyse determinants and identify needs, in different population groups.
- Appraise the role of health systems in terms of goals, functions, actors and performance.
- Identify research needs, appraise research methods and results, generate ethically sound evidence, and translate results into policy and practice.
- Develop, implement, and monitor and evaluate, cost-effective, quality, and community-centred programmes and interventions.
- Analyse, influence, and develop policies, taking into account evidence and context.
- Professionally collaborate, and network and effectively communicate in a multi-disciplinary, inter-sectoral and multi-cultural setting.
- Work towards and advocate for the principles of equity and human rights.
- Critically self-reflect and professionally develop your attitudes, motivations, practices, and values, to act as an agent of change.

Programme Structure

The entire MPH-HE programme encompasses three parts of 20 credits (EC) each: Core Course, Specialisation Courses, and Thesis.

1 Core Course in Public Health and Health Equity

The Core Course consists of the following modules, which are outlined in detail elsewhere in this brochure:

- Equity and Global Health Concerns
- Research Methods
- Health Systems and Policy Making
- Learning and Communication Skills and Professional Development

2 Specialisation Courses

After the Core Course, you can choose between several options. You will follow three 'specialisation courses' followed by three 'advanced specialisation courses'. The three initial specialisation courses are the same for all full-time specialisation tracks (Epidemiology, Health Systems and Policy, and Sexual and Reproductive Health and Rights):

- Health Planning and Programming
- Qualitative Health Systems Research
- Monitoring, Evaluation, and Learning

The tailor-made track (full-time) and the Selected Challenges and Solutions in Public Health track (part-time) allow for a flexible choice of specialisation courses.

All tracks have their specific 'advanced specialisation courses', presented below.

Health Systems and Policy Track

This track will enable you to analyse complexities in health systems and address the growing interconnectedness of national and international health policies, governance, and financing, as well as challenges around human resources for health highlighted by the COVID-19 pandemic. Globally, in recognition of post-colonial legacies, there is growing emphasis on organising people-centred and community-based responses to solving complex public health problems systematically and strategically. You will learn to better address these issues, providing evidence-based public health solutions for continuously improving the quality and responsiveness of health services, using an equal partnerships approach.

Advanced specialisation courses:

- Human Resources for Health
- Health Promotion and Disease Control
- Health Policy and Financing

Sexual and Reproductive Health and Rights Track

Sexual and reproductive health and rights (SRHR) are essential to fulfilling people's rights to health and well-being, as well as to advance the related social development goals. Indeed, more and more national,

and international policies, research, and programming are dedicated to the field of SRHR. Yet, challenges to SRHR persist, and in some cases are even exacerbated, due to resource constraints, political issues, conflict, as well as gender and other inequalities. In this track, you will examine the complexities of addressing SRHR challenges, with a particular focus on marginalised populations. The SRHR track invites you to use a range of conceptual and inter-disciplinary perspectives, to critically (re-)consider how to develop and assess responses and policies that address SRHR. Cross-cutting throughout the track are discussions on the influence of gender, power, rights, equity, sexuality, disability, stigma, and ethics in advancing SRHR.

Advanced specialisation courses:

- SRHR, including HIV and AIDS: analysing causes, consequences, and patterns.
- SRHR: Organising Equitable Responses.
- SRHR: Policy, Governance, and Financing.

Epidemiology Track

The epidemiology track offers a comprehensive curriculum, designed to equip you with the necessary knowledge and skills to effectively analyse, evaluate, and address public health challenges from an epidemiological perspective. The track focuses on utilising geographic information systems to understand the spatial distribution of diseases, identify high-risk areas, and inform targeted interventions. It also provides you with the tools to design and analyse epidemiological studies, generate evidence for public health responses, and assess the effectiveness of interventions. Finally, it explores methodologies to assess the impact of health interventions, policies, and programmes to promote health equity and strengthen health systems. Through this track, you will develop a solid foundation in epidemiology and gain practical skills to contribute to evidence-based public health strategies and policies, aimed at achieving health equity on a global scale.

Advanced specialisation courses:

- Geographical Information Systems (GIS) in Health and Epidemiology
- Evidence for Public Health Responses: Statistical Methods in Epidemiology
- Impact Evaluations for Health Systems Strengthening

Tailor-made Track

The tailor-made track is a full-time track that allows you to develop a balanced and personalised programme, based at KIT in Amsterdam. This track is specifically relevant for participants who wish to study at KIT without a pre-defined specialisation and want to tailor the MPH-HE programme to their professional needs.

Specialisation courses:

After the Core Course, you will make a personalised plan to meet the objectives of the master's programme, looking at your specific expertise and education needs. You can opt for modules from any of the full-time specialisations and/or include other short courses at KIT, such as Digital Health, Geographical Information Systems for Global Health, Monitoring and Evaluation, and Analysing Disrupted Health Systems in Countries in Crisis.

Selected Challenges and Solutions in Public Health Track

Public health is a broad field of work and specific challenges require a diversity of competencies to contribute to solutions and improved health outcomes. This track is flexible, and can be completed within

one year (full-time) or up to five years (part-time). This course is for you if you are eager to plan, take initiative, and even travel during your master's programme. Because of its flexible scheduling, this track is also very suitable for people who want to combine study with work and other responsibilities.

Specialisation courses:

After your Core Course, you can design your learning trajectory to suit your interests and professional ambitions. Not only can you choose from courses offered by KIT for the other three specialisations, but also from hundreds of accredited advanced modules from tropEd. tropEd is a network of educational institutions based all over the world, that offer face-to-face or distance-based courses from a range of natural and social science disciplines, such as health economics, health promotion, leadership skills, and more. Where relevant, you can also take NVAO-accredited master-level courses at the VU and other universities in the Netherlands and Belgium.

Track 1: Health Systems and Policy (full-time)					
Specialisation courses			Advanced specialisation courses		
Health Planning and Programming	Qualitative Health Systems Research	Monitoring Evaluation and Learning	Human Resources for Health	Health Promotion and Disease Control	Health Policy and Financing
Track 2: Sexual and Reproductive Health and Rights (full-time)					
Specialisation courses			Advanced specialisation courses		
Health Planning and Programming	Qualitative Health Systems Research	Monitoring Evaluation and Learning	SRHR, including HIV and AIDS	SRHR: Organising Equitable Responses	SRHR: Policy, Governance and Financing
Track 3: Epidemiology (full-time)					
Specialisation courses			Advanced specialisation courses		
Health Planning and Programming	Qualitative Health Systems Research	Monitoring Evaluation and Learning	GIS in Health and Epidemiology	Evidence for Public Health Responses: Statistical Methods in Epidemiology	Impact Evaluations for Health Systems Strengthening
Track 4: Tailor-made track (full-time)					
Health Planning and Programming; or another accredited KIT course approved in the study contract	Qualitative Health Systems Research; or another accredited KIT course approved in the study contract	Monitoring Evaluation and Learning; or another accredited KIT course approved in the study contract	One of the above; or another accredited KIT course approved in the study contract	One of the above; or another accredited KIT course approved in the study contract	One of the above; or another accredited KIT course approved in the study contract
Track 5: Selected Challenges and Solutions in Public Health (part-time)					
tropEd/NVAO accredited course approved in the study contract	tropEd/NVAO accredited course approved in the study contract	tropEd/NVAO accredited course approved in the study contract	tropEd/NVAO accredited course approved in the study contract	tropEd/NVAO accredited course approved in the study contract	tropEd/NVAO accredited course approved in study contract

3 Thesis

The thesis is focused on a topic relevant to the track chosen, and to the current or envisaged work environment. Guided by a thesis advisor, you write a thesis on an important health issue you identified in your country or another geographical scope of your choice. The purpose is for you to learn how to critically analyse and discuss public health issues at an academic level. You systematically analyse the core problem and make suggestions for its solution or focus on evidence for potential solutions entirely; based on qualitative and quantitative data, literature review, or both.

Practical Information

Your profile

The Master's in Public Health and Health Equity is aimed at health professionals, such as doctors, nurses and midwives, as well as social scientists, (health) economists and other professionals, who already work in public health in low- and middle-income settings and/or with marginalised communities and are seeking a deeper understanding through training (or a degree) in public health. It is also directed at professionals working mostly in health service delivery who are considering a career switch to public health. In addition, this programme would prepare you to work with refugees or disadvantaged populations in a high-income country. You may aim to work at

a national or decentralised level (region, district, local authority) with the government or you may want to participate in healthcare projects with non-governmental organisations (NGOs). If you would like to finish your programme in one year and remain in KIT during the year, you can apply for the full-time programme, indicating your preference for one of the four tracks described above. If you would like to take more time, be flexible, and possibly take courses outside KIT, you can apply for the track Selected Challenges and Solutions in Public Health.

Accreditation

See page 3

Admission criteria

The admission criteria are the same for all tracks:

- Bachelor's degree or equivalent academic training in either medicine or another field related to health care, such as health sciences, health economics, social sciences, or nursing.
- A minimum of three years of health-related working experience in health systems, not limited to (organisation of) individual patient care, but including an involvement with public/global health, in resource constrained settings and/or with marginalized communities, and proven interest in these areas.
- Proof of English language proficiency
- Computer literacy is essential: we use a virtual learning platform and digital tools in our education and assignments and exams are conducted online.

Course information

Start dates

- 09-09-2024: all tracks
- 03-03-2025: Selected Challenges and Solutions in Public Health track only

Duration

Full-time tracks: 1 year
Selected Challenges and Solutions in Public Health Track:
1-5 years

EC

60

Location

KIT Royal Tropical Institute,
Amsterdam

Language

English

Contact

courses@kit.nl

Website

www.kit.nl/mph-he

See www.kit.nl/mph-he for more information and exceptions.

Course fees 2024

- Full-time tracks: € 20,600

Note: eligible for Orange Knowledge Programme (OKP; full-time programmes only)

- Track Selected Challenges and Solutions in Public Health:

- Course fee full-time (finishing in one year): € 13,200 *
- Course fee part-time (finishing in up to 5 years): € 13,850 *

* Note: the fees for this track include the Core Course, Thesis, and related course materials and advisory services. They do not include fees for specialisation courses taken at KIT or elsewhere. You only pay these fees when you register for a course. For courses at KIT you get a 20% discount on the full price. For actual course fees, see KIT website.

KIT application for academic admission deadline, for OKP applicants: 28 February 2024

OKP scholarship application deadline: February 2024

(for the precise date, see website www.kit.nl/study/orange-knowledge-programme/)

KIT application for academic admission deadline, for other funding:

- 01-07-2024 for all full-time tracks; and the Selected Challenges and Solutions in Public Health Track; starting September 2024
- 31-12-2024 for the part-time Selected Challenges and Solutions in Public Health Track; starting March 2025



Master's Programmes

NEW: Core Course in Public Health and Health Equity

The Core Course in Public Health and Health Equity is a three-month course that prepares you to systematically analyse and address complex public health issues, covering epidemiology, health system aspects, and broader social determinants of health. The course focuses on health equity in low-resource settings and high-resource settings with disadvantaged populations. It can be taken as a stand-alone course or as part of the Master of Science in Public Health and Health Equity.

In the Netherlands, the Core Course in Public Health and Health Equity forms part of a post-graduate training programme for physicians, leading to a diploma as MD Global Health and Tropical Medicine (AIGT). For more information, please visit: www.oigt.nl.

The Core Course in Public Health and Health Equity is organised by KIT Royal Tropical Institute in collaboration with the Vrije Universiteit Medical Centre (VU) in Amsterdam and the University Hospital of the University of Amsterdam (UvA). It is NVAO and tropEd accredited, as part of the Master in Public Health and Health Equity.

Course Objectives

After the programme, you will be able to:

- Identify and analyse the health needs of different populations, explaining the role of the underlying determinants and the health system.
- Identify public health research needs and assess research methods and results.
- Discuss the principles and processes of designing and implementing public health, community-centred programmes, and interventions, taking into account the relevant policies, evidence, context, and perspectives of equity and human rights.
- Communicate and collaborate effectively in multi-disciplinary, intersectoral, and multi-cultural settings.
- Critically self-reflect, for continuous professional development, to become an agent of change in public health.



Programme Structure

The course consists of four modules.

1 Equity and Global Health Concerns

The factors that have an important influence on health are known as determinants of health. Most of these determinants lie outside the direct influence of the health system, such as gender, education, culture, employment, and environment. Understanding these factors is important to effectively design and manage interventions in the public health sector. It is also essential in mitigating the effects of global threats, like pandemics. This module provides you with an overview of the most relevant health concerns occurring in low-resource settings and/or with marginalised groups. These concerns include but are not limited to, communicable and non-communicable diseases, child health, and sexual and reproductive health and rights (SRHR). You will discuss the key players in addressing these concerns, as well as (interdisciplinary and intersectoral) response strategies to address health issues and inequities.

2 Research Methods

This module familiarises you with quantitative and qualitative research methods and how to critically appraise evidence provided in the relevant literature. Basic principles of statistics, epidemiology, and study design in the field of public health are discussed. A socio-cultural perspective on health, illness, health care, medical anthropology, and sociology are used to study issues such as which population groups have the highest health needs and why. This module also offers participants the opportunity to experience an outbreak investigation simulation.

3 Health Systems and Policy Making

You will look into the health needs of people, the demand for services, and the organisation of health service delivery. What are the factors that influence utilisation of health services and peoples' health (care) seeking behaviour, especially by the poor and other disadvantaged groups? This module discusses health systems: their boundaries, actors, functions, and goals. Effective health systems are essential to achieve universal health coverage (UHC), one of the key targets of the Sustainable Development Goals. Strong and resilient health systems enable countries to respond to shocks, such as Ebola and COVID-19, while continuing to deliver essential health services. Understanding and incorporating the voices of the people and communities that rely on a well-functioning (?) health system is central to adapting the system to a changing context, including the demographic transition and a change in disease burden concerning infectious and non-communicable diseases. Many countries have trouble providing access for the poor, due to limited (human) resources. This module explores the roles of the public and private sectors, including non-governmental organisations (NGOs), and the organisation of health care across the continuum of care, including health promotion, prevention, diagnosis, treatment, palliative care, and rehabilitation.

4 Learning and Communication Skills and Professional Development

For a public health professional, it is essential to communicate confidently in intercultural, interdisciplinary, and international settings. Public health work is mostly teamwork. It requires leadership and giving and receiving feedback, to improve the quality and effectiveness of the work. The first step towards becoming a more effective professional is to think about what kind of professional you aim to be and which core values you want to adhere to in your work. For example, how do you assure integrity and fairness in your (research) practice? In this module, you will reflect upon your personal and professional views and values regarding the ongoing developments in global health and your role in addressing global health issues in your future career.

Practical Information

Your profile

The Core Course in Public Health and Health Equity is aimed at health professionals, such as doctors, nurses and midwives, as well as social scientists, (health) economists, and other professionals, who already work in public health in low- and middle-income settings and/or with marginalised communities and are seeking a deeper understanding through training in public health. It is also directed at professionals working mostly in health service delivery who are considering a career switch to public health.

In addition, this course would prepare you to work with refugees or disadvantaged populations in a

high-income country. You may aim to work at a national or decentralised level (region, district, local authority) with the government or for healthcare programmes with (inter)national non-governmental organisations (NGOs).

Course duration

The full-time course takes 14 weeks. If you are unable to take 14 weeks off work, KIT's course management is open to discussing other feasible possibilities. It is also possible to follow selected module(s) or module sessions of the course, separately.

Admission criteria

- Bachelor's degree or equivalent academic training in either medicine or another field related to health care, such as health sciences, health economics, social sciences, or nursing.
- A minimum of three years of health-related work experience in health systems not limited to (organisation of) individual patient care but including involvement with public/global health, in resource-constrained settings and/or with marginalised communities and proven interest in these areas.
- Proof of English language proficiency.
- Computer literacy is essential: we use a virtual learning platform and digital tools in our education and assignments, and the exams are conducted online.

Course information

Start dates

Autumn 2024 (09-09-2024 until 13-12-2024)

Spring 2025 (03-03-2025 until 06-06-2025)

Duration	Three months (14 weeks full-time)
EC	20
Location	KIT Royal Tropical Institute, Amsterdam
Language	English
Fee 2024	€ 7,300

Application deadline

2 months before the start of the course,

3 months if you need a visa

Contact	courses@kit.nl
Website	www.kit.nl/ccph-he

See www.kit.nl/ccph-he for more information and exceptions.

Master of Science in International Health

The Master of Science in International Health (MIH) aims to develop the capacity of health professionals working in clinical care, at the interface of national health systems, in international organisations and on global health issues.

Studying an MIH at KIT allows you to design a programme that is tailored to your specific needs and goals, with a combined offer from tropEd institutes around the globe - and approximately 100 different advanced modules to choose from. With this broad variety, the MIH prepares you optimally for your desired field of work – for example in maternal and child health, HIV and AIDS, humanitarian contexts, research, health systems and policy or human resources for health.

The MIH can be completed within 1 year (full-time), and up to 5 years (part-time) and as a “blended programme” with face-to-face and online modules. This flexible programme targets health professionals who want to follow an academic programme without taking long periods of leave from home and/or work.

The MIH is organised by KIT Royal Tropical Institute and the VU Vrije Universiteit Amsterdam.

What is International Health?

Experts in international health work across national, regional and global boundaries, focusing on health issues of disadvantaged populations integrating the complexity of social determinants of health. Key elements are a multidisciplinary and multi-sectoral approach, generating and applying evidence and focusing on reducing disparities by analysing health issues with an equity lens.

In addition, professionals working in the field of international health, master health systems management skills across the continuum of health care. The expert functions as an advocate to improve the health of the populations most in need

and often assists in the mobilisation of resources and capacity strengthening. Given its global scope and its implications across sectors, the COVID-19 pandemic is a clear example of how experts in international health can play a role by contributing to the generation of evidence and through the design, implementation and evaluation of the response.

Course Objectives

The MIH provides health professionals with the competencies and attitude required to effectively deal with current challenges, understand and analyse international health issues, conduct applied research, and develop adequate, appropriate and evidence-informed responses in a global context.

After the programme you will be able to:

- Advocate for and address equity and human rights in international health.
- Identify and analyse current and emerging health problems and its determinants in different population groups.
- Identify the needs for and generate ethically sound evidence to address health problems through research and evaluation.
- Formulate effective responses and contribute to its implementation in health systems management and organisation across the continuum of healthcare.
- Initiate and manage collaborative relations and communicate effectively across disciplines, sectors and cultures within complex environments.
- Critically self-reflect your own practice and values, cultural competence and motivation, adjust them accordingly, and act as an agent of change.

Programme Structure

The programme consists of three parts taken in the following order:

1 Core course (NTC) (20 EC)

The three-month-months core course, Netherlands Course on Global Health and Tropical Medicine (NTC), provides you with basic knowledge on a wide range of topics related to international health. This core course is required to follow the advanced modules and to write the thesis. Besides focusing on health needs and health systems in low-resource settings, the NTC will help you to include the perspectives of equity and gender while analysing health problems. The course consists of five modules: introduction, social determinants of health, health needs and responses, basic research methods and health systems and is offered at the KIT Campus in Amsterdam with some online classes. For a more detailed description see page 20 or www.kit.nl/ntc.

2 Advanced Modules (20 EC)

The advanced modules will help you to acquire and develop the competencies and attitude to allow you to work in the field of international and global health. With support from the course management, you will make an individual study plan. The study plan includes advanced modules that can be taken at KIT and at various universities and institutes throughout the Netherlands, Europe and around the globe through the tropEd network. The availability of distance-based modules (e-learning) also allows you to continue your studies from home or your work location. KIT encourages students to expand their professional network and diversify their learning experience by following modules in different countries and different tropEd institutions. See page 26-31 for all advanced modules at KIT Royal Tropical Institute.

For modules at other institutes see: www.troped.org or Dutch/Flemish universities.

3 Thesis (20 EC)

Under the guidance of a content expert, you will work on your thesis. During this phase you will identify and define a relevant health problem of your interest and related to the study. The thesis provides you with an opportunity to plan and manage your research project. You will systematically analyse your defined international health problem and make recommendations based on qualitative and quantitative information from a primary study, secondary data analysis or a literature review. While working on your thesis you are not required to stay in the Netherlands.

Part-time option: The MIH programme can be completed within one to five years, depending on your availability.



Practical information

Your profile

You are a health professional (for example medical doctor, nurse, midwife) working in clinical care and you aspire to develop or expand your career in international health, with an individual study plan.

Accreditation

See page 3

tropEd

The MIH is offered by a series of institutions working on international health and that are part of the tropEd network. These institutions are located around the globe. KIT is a long-standing member of the tropEd network.



Admission criteria

- Academic training at least to the level of a bachelor's degree either in medicine, nursing, midwifery, dentistry, or physiotherapy. Students with a bachelor's degree in public health or social science with proven work experience in health service delivery can also be admitted.
- Two years of relevant work experience, including work experience in low-and middle-income settings.
- Proof of English language proficiency obtained no more than two years before the start of the programme, in the form of a score on the internationally recognized TOEFL or IELTS test. See www.kit.nl/mih for more information and exceptions.
- Computer literacy is essential, as we use a virtual learning platform in our education and many assignments require digital competencies.

Course information

Start dates

Autumn 2023 (11-09-2023)

Spring 2024 (04-03-2024)

Duration 1 year (Full-time)
up to 5 years (Part-time)

EC 60

Location KIT Royal Tropical Institute,
Amsterdam

After the core course, optionally abroad depending on the selection of advanced modules (including e-learning)

Language English

Fee (full-time) € 11,940

Fee (part-time) € 12,600

Application deadline

2 months before the start of the course

3 months if you need visa

Contact courses@kit.nl

Website www.kit.nl/mih

Course fees

The tuition fee for the MIH covers the core course, course materials, tutoring for the thesis and advisory services for the duration of the programme. Please note that it does not include fees for advanced modules as these depend on the students' personal study plan. MIH students from KIT receive a 20% discount on indicated prices for advanced modules taken at KIT.

Student testimonials

“ Working abroad came with a lot of (welcome) challenges. These made me realise that it is crucial to understand the organization of the healthcare system in which you operate, and what factors determine health-seeking behaviour, in order to be able to provide proper care. My future career goal is to work in the field of health development aid and to advocate for safe motherhood and equal gender rights in low- and middle-income countries. I am following the part-time MIH program at KIT. During the NTC (core course) I gained knowledge in many different fields (from tropical diseases to healthcare systems). My classmates had different nationalities and professional backgrounds which led to very interesting discussions. It is great that the MIH program is flexible so I can combine it with work and adjust the programme so it fits my future career goals.”

Susan Dubbeldam, from the Netherlands, MIH

Working as primary care midwife in the Netherlands
She has worked in Ghana and Madagascar

“ As a nurse in the field of migrants health I worked for the UN Migration Agency (IOM) in many countries, among others Ethiopia, Jordan, Kenya, Haiti and Libya. After 15 years I took the decision to study a Master's programme to broaden my knowledge. My enrolment at the KIT and the Master in International Health (MIH) helped matching my extensive field experience with the theory. I followed the core course of this Master's programme at KIT in Amsterdam, and the rest via distance learning. After my graduation I rejoined IOM in Cox's Bazar, Bangladesh with Rohingya refugees as the health programme manager. I benefited tremendously from the knowledge acquired during the MIH. This Master's programme empowered me with the knowledge to perform better.”

Mariam Abdelkerim from Chad, MIH

Health programme manager for the UN Migration Agency

Master's Programmes

Netherlands Course on Global Health and Tropical Medicine (NTC)

The Netherlands Course on Global Health and Tropical Medicine (NTC) provides essential preparation for health professionals such as medical doctors, nurses, and midwives planning to work in low- and middle-income settings and/or with marginalised communities.

The NTC can be taken as a stand-alone course or as the Core Course as part of the Master's in Public Health and Health Equity. In the Netherlands, the NTC forms part of a post-graduate training programme for physicians leading to a diploma as Physicians in Global Health and Tropical Medicines (PGHTM/AIGT). For more information, go to: www.oigt.nl.

The NTC is organised by KIT Royal Tropical Institute in collaboration with the Vrije Universiteit Medical Centre (VU) in Amsterdam and the University Hospital of the University of Amsterdam (UvA).

As of September 2024, the NTC will be merged with the Core Course in Public Health and Health Equity. The course will still be part of the PGHTM/AIGT.

Course Objectives

After the programme, you will be able to:

- Critically reflect on the collection, analysis, and appraisal of qualitative and quantitative data, relevant to the improvement of health and health care equity.
- Identify and analyse interrelated determinants of health and major health concerns of populations, in a trans-disciplinary perspective in low- and middle-income settings and at global level.
- Propose sustainable improvements of health systems, addressing inequities and considering diverse intercultural settings as well as social, legal and ethical responsibilities.
- Describe the role, decision-making process, and impact of global health policy actors.
- Collaborate and clearly communicate in a multidisciplinary and multi-cultural setting.



Programme Structure

The NTC is divided into five modules that run in parallel during the programme:

1 Introduction Module

This module aims to help you to develop the learning and communication skills needed for the course and your future practice. You will discuss cultural and international contexts.

2 Social Determinants of Health

Factors that have an important influence on health are known as social determinants of health. Most of the key determinants lie outside the direct influence of the health sector, such as gender, education, culture, employment, and the environment. This module provides you with an overview of how these determinants influence the people's health, how you as a healthcare provider can consider the determinants in your work, and the policy tools devised to address them.

3 Health Needs and Responses

You need knowledge and skills to address the most important diseases and health problems occurring in low- and middle-income settings, and/or with marginalised groups while having access to limited resources. This module offers such knowledge and skills, while providing you with an overview of health topics, including communicable and non-communicable diseases, maternal and child health, and sexual and reproductive health and rights. Aspects related to the epidemiological profile, as well as prevention, diagnosis, and management of the different health issues, are also covered. Management includes both the clinical and public health perspectives. A syndromic approach is often emphasised because of the limited diagnostic and therapeutic possibilities available in many low- and middle-income countries.

4 Basic Research Methods

This module familiarises you with quantitative and qualitative research methods and how to critically appraise evidence provided in literature. Basic principles of statistics, epidemiology, and study design in the field of global and international health are discussed. A socio-cultural perspective on health, illness, and health care, medical anthropology, and sociology are used to examine questions such as why patients do or do not timely seek health care. This module also offers participants the chance to experience an outbreak investigation simulation.

5 Health Systems

Health systems in countries all over the world face multiple challenges in trying to meet the ever-increasing needs and demands of their citizens. Demographic changes, technological developments, and a more conscious and assertive demand for quality care compete with the requirements of reaching or maintaining universal access and containing costs. The emphasis in this module is on the practical implementation of health programmes and the organisation of health care at the district level.

Practical information

Your profile

The NTC is aimed at health professionals, such as doctors, nurses, midwives, as well as social scientists, (health) economists, and other professionals, who already work in public health in low- and middle-income settings and/or with marginalised communities, and are seeking a deeper understanding through training in public health. It is also directed at professionals working mostly in health service delivery who consider a career switch toward public health. In addition, this course would prepare you to work with refugees or disadvantaged populations in a high-income country. You may aim to work at a national or

decentralised level (region, district, local authority) with the government or for healthcare programmes with (inter)national non-governmental organisations (NGOs).

Full-time or part-time study

The full-time course takes 14 weeks. If you are unable to take 14 weeks off work KIT's course management is open to discussing other feasible possibilities. It is also possible to follow one or more selected sessions of the course separately.



Admission criteria

- Academic training at least to the level of a bachelor's degree, either in medicine, nursing, midwifery, dentistry, or physiotherapy. Students with a bachelor's degree in public health or social science with proven work experience in health service delivery can also be admitted.
- Two years of relevant work experience, including work experience in low- and middle-income settings.
- Proof of English language proficiency.
- Computer literacy is essential: we use a virtual learning platform and digital tools in our education and assignments and exams are conducted online.

See www.kit.nl/ntc for more information and exceptions.

Course information

Course dates

Autumn 2023 (11-09-2023 until 15-12-2023)
Spring 2024 (04-03-2024 until 07-06-2024)

Duration	3 months (14 weeks full-time)
EC	20
Location	KIT Royal Tropical Institute, Amsterdam
Language	English
Fee 2023-2024	€ 7,200

Application deadline

2 months before the start of the course
3 months if you need a visa

Contact	courses@kit.nl
Website	www.kit.nl/ntc

Student testimonials

“ I can put in practice the knowledge I gained during the NTC now in Liberia. The interaction with people from different backgrounds and especially people from different cultures was very useful. It allowed me to adapt quickly in a new environment when I came to Liberia to support the Ebola Outbreak response. The topic of health systems was also useful, since I am using it to support the restoration of health services and rebuilding of health system after Ebola outbreak in Liberia.”

Jeremias Naiene, from Mozambique, MIH

Working in Liberia with the United Nations Mission for Ebola emergency response (WHO)

“ The course in Tropical Medicine (NTC) proved to be very useful during my experience in both Tanzania and Ethiopia. As midwives we have a quite narrow field of work; mainly obstetrics/ midwifery. With the NTC, I learned to think of a greater perspective and recognise illnesses like for example tuberculosis and malaria earlier during pregnancy.”

Anna Ruth Kuipers, from the Netherlands, NTC

Working as Senior Midwife, Ethiopia, background in Education in Midwifery

“ The NTC is a course which has been a great help in expanding my view on health related issues in a broader perspective. The interactive modules and working together with colleagues from various cultural backgrounds, really helped in obtaining a bigger in-depth understanding of the complexity of development aid and healthcare in different settings. The knowledge and skills I gained helped me to understand underlying problems in my work as a tropical doctor, thereby allowing me to initiate and successfully complete projects with significant impact. Among other things, I started up a neonatal intensive care unit and I contributed to reorganising the supply chain of the hospital I worked in.”

Niek Versteegde, from the Netherlands

Niek followed the NTC as final course for the degree in Tropical Medicine (AIGT), and worked in Sengerema Hospital in Mwanza, Tanzania



3

Short Courses



The short courses offered at KIT Royal Tropical Institute are an opportunity for professionals in health and development to further develop their knowledge and skills and broaden their perspectives.

The courses are practical, focused, and comprehensive. They can be taken as a stand-alone course, or as part of the Master of Science in Public Health (MPH) or the Master of Science in International Health (MIH). Courses are given in various formats: in classrooms at KIT or, where indicated, as e-learning courses. We are also happy to offer several courses on public health issues in French.

Short Courses on Health Systems Strengthening

Qualitative Methods in Health Systems Research

18 January – 7 February 2024 (4 EC) € 2,240

In health systems, policymakers, managers, health workers and service providers should be able to select appropriate research methods to better understand and address the problems they face. This course discusses which methods should be used to answer different health system research questions. The course specifically focuses on qualitative research methods. You will gain experience in each step of the qualitative research process by developing your own research proposal,

participating in practical exercises, and appraising a peer's research proposal. Our course emphasises utilising research results to drive positive change, to make an impact on healthcare delivery.

Human Resources for Health

12 – 23 February 2024 (3 EC) € 1,840

The quality of health service delivery depends to a large extent on the availability and performance of qualified personnel. Policy makers and managers need to be able to develop adequate policies and strategies, analyse organisational behaviour and identify appropriate leadership skills. This course addresses the knowledge and skills required for human resource planning and management. It provides an overview of the situation of HRH from a global perspective and discusses strategies at country level to address health workforce issues. Topics include labour market analysis, workforce planning, training, strategies to improve retention, motivation and performance, governance, gender and leadership and organisational change.

WHO Collaborating Centre for Human Resources for Health

The World Health Organisation (WHO) has designated KIT an HRH Collaborating Centre for the training, retention and motivation of health care workers in low- and middle-income countries. As such, KIT conducts research and advises countries on policy, planning and capacity development.

Health Policy and Financing

13 – 31 May 2024 (4 EC) € 2,240

Progress towards Universal Health Coverage (UHC) requires equitable and effective health policies and financial arrangements. But how do these policies come about? And how can health financing work towards improving equity and public health? This course looks at current debates in health policy and financing from a critical perspective. It offers participants a better understanding of health systems governance and policy processes, including the role of aid, private providers and government at global, central and local levels; health resource mobilisation, pooling and purchasing arrangements, including health insurance; benefit packages and provider payment mechanisms. Participants will be equipped with the skills to write a policy brief on health financing options for UHC in low- and middle-income contexts.

Global Perspectives on Digital Health

Week 1: 20 – 24 May 2024, e-learning

Week 2: 27 – 31 May 2024, Amsterdam (3 EC)

€ 1,600 (tropEd € 1,280)

€ 1,240 (Early bird: if paid before 21 February 2024)

This blended course introduces the rapidly evolving field of digital health. The first week of the course (online) covers the background and scope for Digital Health, and factors to take into account for developing and implementing digital tools to tackle public health issues. The second week in Amsterdam includes application of knowledge from the first week in face-to-face sessions, group work, and tutorials, to solve real-life digital health challenges. This practical course targets health care

practitioners and policymakers and connects them with digital health initiatives in greater Amsterdam, aimed at tackling health issues in low- and middle-income countries and globally.

To only attend the online portion, visit our website for more information: www.kit.nl/dh

Monitoring and Evaluation (M&E) in a Dynamic Health Environment

12 – 23 August 2024 (3 EC)

€ 2,650 (tropEd € 2,120)

€ 2,220 (Early bird: if paid before 12 May 2024)

Monitoring and evaluation skills are essential for working in a dynamic health environment. Strategic plans at national, regional and local level require insight to allow informed decision making and planning, and to facilitate implementation. This course provides participants with a deeper understanding of the role that M&E plays in all aspects of the health system. Course participants will examine contextual changes such as working in complex, multi-stakeholder environments and their implications for M&E. Emphasis will be put on identifying appropriate M&E and information management approaches, to be used in low-resource settings. Rational data collection for optimal use, while limiting the burden on staff, will also be highlighted. Finally, special attention is given to making M&E systems equity aware and to balance the ethical aspects of an evaluation.

Suivi et Évaluation de la Santé dans un Contexte Dynamique (Cours en français)

Voir page 30 pour la description de ce cours et d'autres cours enseignés en français.



Short Courses on

Sexual and Reproductive Health and Rights, including HIV and AIDS

Sexual and Reproductive Health and Rights, including HIV and AIDS

4 – 22 March 2024 (4.5 EC) € 2,390

Driven by international calls for more inclusive, human rights-based and gendered approaches, there is a shift in addressing the range of issues in sexual and reproductive health and rights (SRHR) that affects everyone. This course explores the causes, consequences and patterns of SRHR issues, including sexual health, family planning, infertility, maternal and newborn health, abortion, adolescent health, child marriage, menstrual health, sex work, gender based violence and HIV. It explores the impact of COVID-19, among other global perspectives. Throughout the course, there is a particular focus on marginalised and vulnerable groups in various contexts, including emergency and fragile settings. It also discusses cross-cutting issues in gender, rights, sexuality, disability, stigma, ethics and mental health. In doing so, this course sets a foundation and identifies key considerations for the subsequent short courses on SRHR responses and SRHR policy and financing.

Sexual and Reproductive Health and Rights: Organising Effective Responses

8 – 30 April 2024 (4.5 EC) € 2,390

Improving equitable access to and quality of sexual and reproductive health and rights (SRHR) related services, including HIV and AIDS services, continues to be high on the global public health agenda. This course builds on current evidence to critically identify and analyse responses across health systems in low- and middle-income countries, including in humanitarian and fragile state settings. It also discusses equity, accountability and participation in the organisation of responses and services, with a focus on ensuring equitable access for all (vulnerable) groups and key populations. This course will enable you to translate principles of sound SRHR responses into practice.

Sexual and Reproductive Health and Rights: Policy, Governance and Financing

13 – 31 May 2024 (4 EC) € 2,240

What are the key issues in the good governance of sexual and reproductive health and rights (SRHR) responses, including HIV? How can one negotiate the complex political and financial terrain when developing policies and strategic plans? Maternal health, family planning, adolescent health, safe abortion and HIV, and the policies and strategies that address these, are among the most internationalised and to some extent politicised of all health issues. In this course, you identify SRHR-related international agreements, development commitments, financial mechanisms and human rights mechanisms related to SRHR and analyse how these influence national policies and plans and vice versa. You will perform an SRHR strategic policy review from a multi-stakeholder perspective, addressing governance and financing structures and their implications for planning and managing the responses.

Santé et Droits Sexuels et Reproductifs (Cours en français)

Voir page 31 pour la description de ce cours et d'autres cours enseignés en français.



Short Courses on

Health Systems in Fragile and Conflict-affected Environments

Analysing Disrupted Health Systems in Countries in Crisis

12 – 23 August 2024 (4 EC)

€ 2,240 (tropEd € 1,800)

€ 1,910 (Early bird: if payment made before 12 May 2024)

Crises have a major impact on the health of people and health systems. Understanding the context and how health systems are affected by crises is essential while finding the way forward. This course provides participants with an approach to analyse health systems operating in fragile and conflict-affected environments, both looking at key challenges as well as opportunities for addressing the main problems. The course relies heavily on real-life examples to illustrate common problems and to allow participants to learn from successes and failures from countries in crises.

“ As Emergency Manager working for WHO in North East Nigeria, the ADHS course was very relevant to the Humanitarian and Development Nexus as it was tailored towards understanding and analyzing the disrupted health Systems in various countries. I also found meeting colleagues from different parts of the world very valuable. I can recommend this course (ADHS) to others colleagues working in disrupted health systems all over the world.

Dr Collins Owili , ADHS

Emergency Manager, World Health Organisation Nigeria

E-learning: Strengthening Disrupted Health Systems

23 September – 13 December 2024 (5 EC)

€ 2,160 (tropEd € 1,710)

€ 2,000 (Early bird: if payment made before 23 June 2024)

This e-learning course strengthens your ability to address health system challenges in complex emergencies and fragile states. To prepare you for improving these challenging situations, you will analyse health system resilience, policies, politics, roles and strategies of key actors, health equity, the humanitarian-development Nexus and more. This will enable you to develop context-specific strategies for strengthening different elements of disrupted health systems. This is a part-time programme which takes approximately 12.5 hours of online study per week, including a small amount of live online contact-hours throughout the course. This e-learning course is especially interesting if you want to develop your professional skills, but you cannot leave your job or home for extended periods of time.

KIT's Centre for Health Systems in Fragile and Conflict Affected Settings

Through applied research, evaluation services, and capacity development, we aim to empower people, strengthen health systems, and improve universal access to quality healthcare in regions affected by violence and precarious governance, where basic goods and services are highly limited.

Short Courses on Disease Management

Control Strategies for Communicable and Non-Communicable Diseases

8 – 30 April 2024 (4.5 EC) € 2,390

Disease control refers to a broad package of strategies for controlling diseases, from primary prevention, health promotion, and health legislation to screening for early detection, treatment and rehabilitation. In order to choose the right strategies, it is necessary to understand the context in which a disease arises, the factors contributing to its spread and the natural course of the disease. In this course, a number of communicable and non-communicable diseases (NCDs), are used as models to demonstrate different aspects and principles of disease control. A variety of diseases are discussed, such as malaria, tuberculosis, cancer and mental health, in addition to nutrition and refugee health care. The course stresses the One Health approach and the relevance to disease control of emerging diseases like COVID-19. Part of this course is carried out through interactive learning in our virtual learning environment.

GIS for Global Health

17 – 28 June 2024 (3 EC)

€ 2,270 (tropEd € 1,760)

€ 1,800 (Early bird: if payment made before 17 March 2024)

Geographic Information Systems (GIS) provide tools for planning and monitoring of health interventions and disease control activities. GIS can be applied to improve health care delivery in disease control programmes. In this course you will learn how to use GIS to identify patterns of disease in time and place and to assess public access to health care services. Emphasis will also be given to geo-visualise Health Management Information for advocacy purposes and to monitor and evaluate programme performance. Case studies and lectures will address a wide range of infectious diseases, including neglected tropical diseases, water-borne diseases and sexually transmitted infections.

Good Epidemiological Practice (GEP): Implementation and Analysis of Global Health Studies

11 – 15 December 2023 (1.5 EC)

€ 830 (tropEd € 550)

Over the past decade, two movements have profoundly changed the environment in which global health epidemiologists work: research integrity and research fairness. On the one hand, questionable research practices may lead to spurious findings if studies are ill-designed, poorly implemented, inappropriately analysed or selectively reported. On the other hand, local communities, institutions and researchers are too often side-lined from the formulation of research questions, the design and implementation of studies and the dissemination of findings. This course aims to provide participants with the skills and knowledge needed to critically appraise and reflect on epidemiological practice in global health, as a basis for high-quality, impactful research.



This course was an opportunity to widen my knowledge on how to handle NCDs and to get an update on control strategies for communicable diseases. The course consisted of lectures, group work, self-study and online study. I had a wonderful time in Amsterdam, met people from different parts of the world with different experiences related to communicable and non-communicable diseases.

Tessy Fautsch, from Luxemburg, followed CCND as part of the MIH

Working as medical coordinator for MSF in projects around the world.

4

Cours de Santé Publique en Français

Suivi et Évaluation de la Santé dans un Contexte Dynamique

12 - 23 Août 2024 (3 EC)

€ 2,650 frais de scolarité régulier (tropEd € 2,120)

€ 2,220 (Early bird, frais de scolarité en avance: si payé avant 12 Mai 2024)

Les compétences en matière de Suivi & Évaluation (S&E, ou M&E en anglais) sont des outils essentiels pour opérer dans un environnement dynamique dans le secteur du développement. Ces compétences soutiennent la prise de décision et augmentent l'impact d'un projet en maximisant les opportunités d'apprentissage disponibles. Ce cours est destiné aux cadres supérieurs qui sont pleinement engagés dans la planification,

la gestion, et l'évaluation des réformes du secteur de la santé dans les pays à revenu faible ou intermédiaire. Ces cadres supérieurs peuvent être des employés des Ministères de la Santé, ils peuvent travailler dans des ambassades, des organisations internationales ou des organisations non gouvernementales qui coopèrent avec les Ministères de la Santé sur les réformes actuelles du secteur de la santé.



Après avoir mené à terme pendant des années des cours de santé publique en anglais avec grand succès, le KIT offre désormais des cours entièrement en français. Les cours se déroulent au coeur d'Amsterdam au KIT campus. Nos experts ont plusieurs années d'expériences en Afrique francophone. C'est en réponse à la demande de nos partenaires d'Afrique francophone que ces cours ont été développés.

Santé et Droits Sexuels et Reproductifs

10 – 21 Juin 2024 (3 EC)

€ 2,270 frais de scolarité régulier (tropEd € 1,820)

€ 1,800 (Early bird, frais de scolarité en avance: si payé avant le 10 Avril 2024)

La Santé et les Droits Sexuels et Reproductifs (SDSR) sont une question de santé publique et droits humains. En plus d'assurer l'accès universel et équitable à des services de santé sexuelle et reproductive de qualité, l'avancement de la SDSR nécessite également l'adoption d'une perspective de genre, une approche basée sur les droits et prendre en compte l'influence des facteurs socioéconomiques et culturels. Cela inclut la prise en compte des besoins spécifiques de certaines populations comme les jeunes et adolescents ou les personnes avec diverses orientations sexuelles et identités de genre.

Ce cours explore les principes clés de la SDSR au travers de différentes thématiques comme la santé sexuelle, la santé maternelle, l'avortement sécurisé, la sexualité des jeunes et adolescentes, et violences sexuelles et basées sur le genre. Le cours aborde également les moyens d'améliorer l'accès équitable aux services de santé sexuel et reproductif pour les populations défavorisées, par exemple dans les situations fragiles; les services intégrés et les ressources humaines de santé nécessaire.



5

Courses on Gender



NEW

Feminist Edge – Professional Development for Gender Trainers

12 February – 9 August 2024 € 5,950



Gender training is an important tool for advancing gender equality. Since the Fourth World Conference on Women in Beijing in 1995, gender training has been embraced as a means to make gender mainstreaming effective. However, when used as a “cure-all” to address all gender mainstreaming challenges and limitations, the critical and transformative potential of gender training is blunted. When gender training is approached as a singular, short-term event, there is little room for reflection, yet reflection is critical to allow participants to reconsider their own gendered behaviours. The COVID-19 pandemic exacerbated all forms of inequality, including gender inequality, revealing an urgent need to re-imagine how inequalities are addressed in development. With this in mind, UN Women Training Centre and KIT Royal Tropical Institute designed a professional development programme for gender trainers, which brings a feminist edge back into gender training.

Feminist Edge offers professional development for gender trainers that re-captures and re-imagines gender training as a feminist project, establishing a new approach. We reposition training for gender equality as a strategy to challenge and engender development and support the achievement of the Sustainable Development Goals (SDGs). The programme addresses the need to (re)claim autonomous spaces for feminist knowledge

production and challenges development policy makers and practitioners to re-think how to address social and gender inequity, to ensure that “no one is left behind.” Feminist Edge focusses both on the practice of gender training and on its conceptual underpinnings.

Feminist Edge is a blended learning course. Classes are held virtually for Modules 1 and 2 and face-to-face at KIT Royal Tropical Institute in Amsterdam for Module 3:

Module 1 (12 February – 1 March 2024)

Virtual plenary sessions and tutorial sessions – spread over 3 weeks

Total time investment : 40 hours

Module 2 (11 March – 26 July 2024)

Virtual seminars, Assignment 1 (group work), Assignment 2 (individual) – spread over 5 months

Total time investment : 42 hours

Module 3 (4 – 9 August 2024)

Face-to-face workshops in Amsterdam (Netherlands) – spread over 6 days

Total time investment : 50 hours

Next to course time investment, participants will also need take into consideration time needed for logistics (making arrangements for both online and F2F teaching).

6

Tailor-Made Training and Other Services



Tailor-made Training (TMT)

All KIT courses can also be organised as tailor-made training and adapted to the needs of the client. Each organisation faces context specific challenges and opportunities in the changing field of global health. Contrary to regular courses, the tailor-made training programmes are specifically designed to address the unique objectives and capacities of your organisation. We offer tailor-made training to clients such as educational and research institutes, NGO's and local or national governments and ministries across the globe. Tailor-made courses can be held in the Netherlands, in-country or via e-learning.

KIT's other health-related work

Through capacity building and institutional support KIT contributes to improving access to quality health services and strengthening health systems all around the world. We do this working together with local and national governments, national and international organisations and educational institutes. We employ

many of our skills and techniques for: action research, impact evaluation, policy development assistance, technical advice and capacity building programs.

Our approach

To achieve meaningful change, we take into consideration the perspectives of rights, equity, participation and gender equality. We use a highly innovative demand-driven and tailor-made approach. Our methods are always adapted to local contexts and respond to the priorities defined by the stakeholders and partners we work with.

Focus areas of our health-related work

- Strengthening Health Systems
- Sexual and Reproductive Health and Rights
- Epidemiology

If you would like to learn more about our projects and our work visit www.kit.nl/health or contact us at health@kit.nl

KIT's Mission: Knowledge and Hospitality for a Sustainable World

KIT Royal Tropical Institute is an independent centre of expertise, education and hospitality dedicated to sustainable development. Guided by the Sustainable Development Goals (SDGs) of the United Nations, our knowledge work focuses on global health, gender, economic development and intercultural communication. Our education offer comprises a graduate programme in global health, advanced courses for health professionals, a gender training programme and training and coaching services in intercultural communication. Our campus houses state-of-the-art office and conference facilities, the certified ecofriendly Amsterdam Tropen Hotel, and De Tropen cafe & restaurant. We are also the home of SDG House: a resident community of sustainability experts, social entrepreneurs and non-governmental organisations (NGOs), with a membership of 60+ organisations.

7

General Information



General Information

Practical Information

Location

Unless otherwise specified, classes are held at KIT in Amsterdam or through our online platform. KIT is located in the heart of Amsterdam.

Admission requirements

See the course descriptions on our website for specific admission requirements for each course.

Requirements

For classroom-based courses, course materials are offered digitally, and a virtual platform is used to share audio-visual resources and content. Online repositories are used for learning material; laptops and/or tablets are required.

European Credit (EC)

The EC, through the European Credit Transfer System, facilitates transfer of course credits between institutions at the same academic level. Short Courses followed at KIT can therefore be followed independently, as part of the KIT or tropEd Master's Programmes, but also as part of another Master's Programme if agreed previously with your home institution and KIT.

Visa requirements

Most EU or EFTA citizens do not need a visa to enter the Netherlands. Participants from other countries must obtain a visa or residence permit to the Netherlands. KIT will assist with this.

Accommodation

There is a severe shortage of accommodation in Amsterdam and participants are advised to contact KIT for information. KIT will secure accommodation for participants with a scholarship from Orange Knowledge Programme / KIT Scholarship Fund and will assist others in their search for housing with practical tips. It is the student's own responsibility to make the housing arrangements.

Insurance requirements

According to Dutch Law, course participants are required to have health, accident and third-party insurance. KIT can assist with arranging insurance.

Financial assistance

The arrangement of financial support to cover all study costs is the responsibility of the applicant. Some candidates are sponsored by their own governments, universities or employers while others apply for a scholarship.

Visit: www.kit.nl/scholarships to begin your search.

Scholarships Orange Knowledge Programme (OKP)

For a number of courses, scholarships are available from the Orange Knowledge Programme. Application deadlines are usually in October, March and June.

Visit: www.kit.nl/okp for more information on the list of courses, specific deadlines per course, eligible countries and application procedures.

General Information

Step-by-Step - Applying for Courses

- 1 Register in our online application system via the course of your choice on our website: www.kit.nl/study**
You will receive login details from our application system by e-mail.
(Check your Spam folder if you do not receive the email).
- 2 Upload all required documents and submit your application.**
- 3 You will receive a decision on your application by e-mail within 6 weeks after submission of your complete application.**
If accepted, you will receive an Admission Letter and Financial Statement.
- 4 Starting point on scholarship options:**
visit our website www.kit.nl/scholarships
- 5 Send your signed Financial Statement to KIT Course Administration if you have proven funding and want to secure your place in the course:**
courses@kit.nl
- 6 KIT Royal Tropical Institute will send you the invoice details after receipt of your signed Financial Statement.**
- 7 Make your payment as indicated in the invoice you have received from KIT.**
(visa application is only possible after full payment!) After payment your application is considered final and we will reserve a place in the course of your choice. Cancellation policy applies if you cancel your participation (see website for more information).
- 8 The KIT Course Administration Office will be in contact with you regarding visa, accommodation, insurance, etc.**
(for Master's courses: 3 months before the start of the course your payment should have been received by KIT)
- 9 Arrival at KIT Royal Tropical Institute.**
Welcome!



General Information

Impressions of Student Life at KIT



Course Calendar 2023-2024

All courses take place in Amsterdam (unless otherwise indicated).

Applicants will be informed timely of changes in the set up of the course. Visit our website for latest updates.

Name course	Start date	End date	Period	EC	Course fee	Location
Master's Programmes						
Master in International Health (MIH)	11/09/2023	31/08/2024	full-time or part-time	60	€ 11,940 (FT) € 12,600 (PT)	Amsterdam and optionally elsewhere
	04/03/2024	1 to 5 years	part-time	60	see page 18-19	Amsterdam and optionally elsewhere
Netherlands Course on Global Health and Tropical Medicine (NTC, core course MIH)	11/09/2023	15/12/2023	3 months	20	€ 7,200	Amsterdam
	04/03/2024	07/06/2024	3 months	20	€ 7,200	Amsterdam
NEW Master in Public Health & Health Equity (MPH-HE)*						
• Track: Health Systems and Policy* • Track: Sexual and Reproductive Health and Rights* • Track: Epidemiology* • Tailor-made track*	09/09/2024	29-08-2025	1 year full-time	60	€ 20,600 (FT) see page 11-12	Amsterdam
• Track: Selected Challenges and Solutions in Public Health	09/09/2024	1 to 5 years	full-time or part-time	60	€ 13,200 (FT) € 13,850 (PT)	Amsterdam and optionally elsewhere
NEW Core Course in Public Health and Health Equity (MPH-HE CC)	09/09/2024	13-12-2024	3 months	20	€ 7,300	Amsterdam
	03-03-2025	06-06-2025	3 months	20	€ 7,300	Amsterdam
Short courses						
Good Epidemiological Practice: implementation and analysis of global health studies (GEP)	11/12/2023	15/12/2023	1 week	1.5	€ 830	Amsterdam
Qualitative Methods in Health Systems Research* (QHRSR)	18/01/2024	07/02/2024	2.5 weeks	4	€ 2,240	Amsterdam
Human Resources for Health* (HRH)	12/02/2024	23/02/2024	2 weeks	3	€ 1,840	Amsterdam
Sexual and Reproductive Health and Rights including HIV and AIDS* (SRHR HIVAIDS)	04/03/2024	22/03/2024	3 weeks	4.5	€ 2,390	Amsterdam
Control Strategies for Communicable and Non-communicable Diseases* (CCND)	08/04/2024	30/04/2024	3 weeks	4.5	€ 2,390	Amsterdam
Sexual and Reproductive Health and Rights: Organising Effective Responses* (SRHRResp)	08/04/2024	30/04/2024	3 weeks	4.5	€ 2,390	Amsterdam
Health Policy and Financing* (HP&F)	13/05/2024	31/05/2024	2.5 weeks	4	€ 2,240	Amsterdam
Sexual and Reproductive Health and Rights: Policy, Governance and Financing* (SRHR POL)	13/05/2024	31/05/2024	3 weeks	4	€ 2,240	Amsterdam
Global Perspectives on Digital Health* (GPDH)	20/05/2024	31/05/2024	2 weeks	3	€ 1,240 Early bird € 1,600	week 1 online + week 2 Amsterdam
Santé et Droits Sexuels et Reproductifs* (SDSR)	10/06/2024	21/06/2024	2 semaines	3	€ 1,800 Early bird € 2,270	Amsterdam
GIS for Global Health* (GIS)	17/06/2024	28/06/2024	2 weeks	3	€ 1,800 Early bird € 2,270	Amsterdam
Analysing Disrupted Health Systems in Countries in Crisis* (ADHS)	12/08/2024	23/08/2024	2 weeks	4	€ 1,910 Early bird € 2,240	Amsterdam
Monitoring and Evaluation in a Dynamic Health Environment* (M&E)	12/08/2024	23/08/2024	2 weeks	3	€ 2,220 Early bird € 2,650	Amsterdam
Suivi et Évaluation de la Santé Dans un Contexte Dynamique* (S&E)	12/08/2024	23/08/2024	2 semaines	3	€ 2,220 Early bird € 2,650	Amsterdam
Gender courses						
NEW Feminist Edge - Professional Development for Gender Trainers* (FE-PDGT)	12/02/2024	09/08/2024	6 months	-	€ 5,950	online + 1 week Amsterdam
E-learning courses						
Strengthening Disrupted Health Systems* (SDHS-E)	25/09/2023	15/12/2023	3 months	5	€ 2,000 Early bird € 2,160	E-learning
	23/09/2024	13/12/2024	3 months	5	€ 2,000 Early bird € 2,160	E-learning

* = eligible for OKP (see website for more information)

Disclaimer: for our latest prices see www.kit.nl/study



Contact

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KIT thanks all students, alumni and staff for their
contributions.

www.kit.nl/study



Why study at KIT?

- ✓ Up-to-date approach to complex public health issues
- ✓ Practice-oriented
- ✓ Exchange between disciplines
- ✓ Interactive education
- ✓ Development of personal and professional competencies
- ✓ Network building
- ✓ Participants from diverse backgrounds and countries
- ✓ Personal tutoring
- ✓ Teaching by highly qualified specialists
- ✓ Positively reviewed by tropEd
- ✓ KIT: international centre of excellence in international health and development
- ✓ Accredited by NVAO



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